

COURSES : U.G.

SEMESTER	COURSE	CODE	PAPER NAME
1	I	1101	FOUNDATION OF YOG
	II	1102	HATHYOG-1
	III	1103	ANATOMY AND PHYSIOLOGY
	IV	1104	HUMAN CONCIOSNESS
	V	1105	ENGLISH LANGUAGE
	VI	1106	PRACTICAL-I
	VII	1107	PRACTICAL-II
2	I	2101	YOGIC TEXT (GEETA)-I
	II	2102	HATHYOG-II
	III	2103	ANATOMY AND PHYSIOLOGY-II
	IV	2104	GENERAL AWARENESS (ABC-010)
	V	2105	COMPUTER APPLICATIONS
	VI	2106	PRACTICAL-1 (YOGA)
	VII	2107	i. YOGA ii. COMPUTER APPLICATIONS
	VIII	2109	QUALIFYING COURSE- ENVIRONMENTAL SCIENCE
3	I	3101	YOGIC TEXT(PATANJAL YPG)-II
	II	3102	ACCUPRESSURE MAGNET THERAPY
	III	3103	SWASTHVRIITA
	IV	3104	YOGA THERAPY-I
	V	3105	COMMUNICATIVE ENGLISH
	VI	3106	YOGA PRACTICAL
	VII	3107	ACCUPRESSURE, MAGNET THERAPY PRACTICAL.
4	I	4101	YOGA THERAPY-II
	II	4102	PRINCIPLES OF NATUROPATHY-I
	III	4103	ALTERNATIVE THERAPIES-II-MARMA THERAPY, PRANIC HEALING
	IV	4104	DIET AND NATUROPATHY
	V	4105	GENERAL HINDI
	VI	4106	PRACTICAL-I YOGA
	VII	4107	PATHOLOGICAL TESTS, NATUROPATHY, MARMA THERAPY, PRANIC HEALING

5	I	5101	PRINCIPLES OF NATUROPATHY-II
	II	5102	SELF MANAGEMENT AND YOGA
	III	5103	YOGA AND MENTAL HEALTH
	IV	5104	YOGA AND PERSONALITY DEVELOPMENT
	V	5105	VALUE EDUCATION (A-009)
	VI	5106	PRACTICAL-I YOGA
	VII	5107	PRACTICAL-II NATUROPATHY
6	I	6101	INTRODUCTION OF HERBS
	II	6102	YOGA AND ALLIED SCIENCE(physical education, psychology, ayurveda-I,II)
	III	6103	TEACHING METHADODOGY IN YOGA
	IV	6104	INTERNSHIP/PROJECT
	V	6105	CHIKITSIYE PARIYOJANA KARYA
	VI	6106	PRACTICAL-I YOGA
	VII	6107	PRACTICAL-II HERBS/PANCH KARMA

STUDENT WISE INFORMATION

Class	Strength	
	At the time of Inception	Present
U.G.	37	42